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Version August 24

# 1 BASIC RULES

## 1.1 INTRODUCTION

Enduro mountain biking is the ultimate test of mountain biking skills, with races focusing on great atmosphere, community, competition, and adventure for the participant, including riding some of the best trails out there. The race series described below is a format that allows riders to compete against each other by racing individually on so-called stages that are designed to challenge the riders' technical skills and physical capacity. This rulebook describes the specific competition rules for the Swiss Enduro Series (SES) and its affiliated events. The Swiss Enduro Series reserves the right to change these rules at any time.

## 1.2 PARTICIPATION

### 1.2.1 CATEGORIES

All categories refer to age on 31<sup>st</sup> December in the year of the competition.

There are the following categories:

- Elite Women
- Elite Men
- Open Women
- Open Men
- Open Masters Women 35+
- Open Masters Men 35+
- Hardtail
- U21 Women
- U21 Men
- U17 Women
- U17 Men
- U15 Mixed

### 1.2.2 TRANSGENDER

The Swiss Enduro Series adopts the current UCI policy and guidelines on eligibility of transgender athletes.

### 1.2.3 LICENCES

All participants in the **Elite categories** must have a valid Swiss Cycling licence (DH or XCO) or a UCI recognised licence from another country.

Only persons in possession of a Swiss Cycling licence can collect points for the Swiss Cycling Ranking. The Swiss Cycling Ranking covers all official Swiss Enduro races. No licence is required for the series ranking of the Swiss Enduro Series **Open categories**.



### 1.2.4 QUALIFICATION

No qualification points or rankings are required for participation in the SES races. This applies to Elite and Open categories.

### 1.2.5 WORLD SERIES POINTS

To be able to collect World Series points at the races, participants must have a valid UCI MTB membership. The UCI MTB membership number must be given at the time of registration. UCI MTB members can only start in the Elite category since they need a valid Swiss Cycling license to get a UCI MTB membership. World Series points are awarded according to a separate ranking list.

### 1.2.6 REGISTRATION

Registration is exclusively online via the website [www.swissenduro.ch](http://www.swissenduro.ch).

After registration, the amount of 99 francs per race must be paid within 10 days, otherwise the registration expires. The registration is only considered confirmed when the registration is paid. Otherwise, the right to the starting place is cancelled. In case of cancellation, less than 3 weeks before the race, no refund is possible. In case of cancellation more than 3 weeks before the race, the entry fee will be refunded minus an administration fee of CHF 10.

In case of cancellation at short notice by SES, due to weather or official orders, the refund will be forfeited. This also applies to official orders which result in restrictions (certificate obligation, restrictions in energy consumption, etc.) We recommend all participants to take out a cancellation insurance.

## 1.3 COMPETITION REQUIREMENTS

### 1.3.1 RANKING OF ELITE / U21 RIDERS FIELD

Participants in the Elite and U21 categories must start according to the start list and may not change this order during the race. The roll out and start times of the stages are defined. If the start times are not adhered to, time penalties may be imposed.

The seeding of the Elite and U21 categories will be done according to the current series ranking. The participant with the highest number of points will start at the end.

### 1.3.2 RANKING OF OPEN / MASTERS / HARDTAIL / U17 / U15 RIDERS FIELD

The SES may order a roll out for the Open categories according to the start list and start times. After that, the participants may line up freely and start freely on the stages.

The seeding of the Open categories (except U21) will be done according to the current series ranking. The participant with the highest score will start first.

### 1.3.3 RACE PLATES

The Race Plate must be visibly mounted on the handlebar and must not be modified.

### 1.3.4 TRAINING

Training on the mountain bike must be planned by the organiser for all Special Stages before the start of the race. Training on all Special Stages is strongly recommended. Details of training times are to be



published in advance of the event. In rare cases (e.g., remote area or bad weather), and only if approved by the Swiss Enduro Series, scheduled training times may be reduced or cancelled altogether. **At all events, once the course map has been released, all Special Stages must remain off-limits to competitors until the official start of practice to allow the organisation to mark and prepare each Special Stage.** Any rider found on a Special Stage outside of official practice will be subject to a penalty including disqualification. A maximum of ONE practice run per Special Stage is allowed at all events. The Swiss Enduro Series recommends limiting practice time to reduce the impact of excessive traffic on the tracks and to increase fairness between local and non-local riders. Unless otherwise agreed by the Swiss Enduro Series, official practice sessions should not be held more than two days before the race. During official practice times, riders may only ride a Special Stage from the start. Riders are allowed to ride parts of a Special Stage several times to check line options. Other participants must not be disturbed in the process. Only riders who have a Race Plate attached to their bike are allowed on the track during official practice. Watching Stages without a bike is always allowed.

With the exception of racers competing in the E-Enduro and related events, riders are NOT permitted to use an e-bike on any part of the course during Official Training. Racers competing in both Enduro and E-Enduro are permitted to practice on an E-bike. Riders are permitted to ONE training run per stage – this includes shared stages between events. The Practice schedule will ensure that racers competing in both disciplines have sufficient training time to complete all the stages.

## 1.4 CLASSIFICATION

### 1.4.1 GENERAL CLASSIFICATION (RANKING)

The ranking per race or General Classification (GC) is calculated by adding up all Special Stages for each rider. In the event of unforeseen or extreme circumstances, the Race Director may remove one or more Special Stages from the overall ranking. In cases where Special Stages must be abandoned, a race must have at least two complete Special Stages for the result to be valid for series classification purposes.

In the event of a tie in the General Classification, the higher ranked rider(s) on the final Stage will receive the higher final rank.

If a rider is unable to complete a Stage because he/she is assisting someone in a medical emergency or because of an extraordinary circumstance beyond the control of the competitors, and no rerun can be offered, the rider's average rankings on the Stages will be taken and the corresponding time for the rider on that Stage will be scored.

Minor obstructions that allow continuation will be dealt with appropriate time corrections.

If no repetition is possible:

Example

S1 - Rank 12

S2 - Rank 15

S3 - DNF

S4 - Rank 18

Average ranking = Rank 15 for S3.

Time = Average S3 R14 and S3 R16.

If participants of the Elite / U21 category cannot finish a stage, they may not re-enter the race at any time. Participants of the other categories may re-enter the race (start of the next stage) if they do not finish a stage. In this case the race will be scored as DNF.

#### 1.4.2 SERIES CLASSIFICATION

Series rankings are kept for the Swiss Enduro Series. There are points to be gained per race. At the end of the season, the person with the highest total points per category wins.

In the event of a tie in the series classification, those with a higher ranking in the last round will receive the higher series classification.



Swiss Enduro Races Point Scale:

Position	LICENSED		NON-LICENSED									
	ELITE		OPEN		MASTER		MIXED	U21		U17		MIXED
	MEN	WMS	MEN	WMS	MEN	WMS	Hardtail	MEN	WMS	MEN	WMS	U15
1	300	200	200	140	200	140	120	150	100	120	80	100
2	250	160	170	120	170	120	105	120	80	90	60	85
3	210	130	150	105	150	105	95	100	65	70	50	72
4	190	110	140	95	140	95	85	80	55	60	44	60
5	175	90	130	85	130	85	75	75	45	50	38	50
6	160	80	120	80	120	80	65	70	40	40	32	40
7	150	70	115	75	115	75	60	65	35	35	26	30
8	140	60	110	70	110	70	55	60	30	30	20	25
9	130	50	105	65	105	65	50	55	26	25	15	20
10	120	40	102	61	102	61	45	51	22	21	10	16
11	115	36	100	58	100	58	40	47	20	17	5	12
12	110	32	98	55	98	55	35	43	18	14		8
13	105	28	96	42	96	42	30	39	16	10		5
14	100	24	94	49	94	49	25	35	14	8		
15	95	20	92	46	92	46	20	32	13	6		
16	90	16	90	43	90	43	10	30	12	4		
17	85	14	88	40	88	40	5	28	11	2		
18	80	12	86	38	86	38		26	10			
19	75	10	84	36	84	36		24	9			
20	70	8	82	34	82	34		22	8			
21	66	6	80	32	80	32		20	7			
22	62	4	78	30	78	30		18	6			
23	58	2	76	28	76	28		16	5			
24	54		74	26	74	26		14	4			
25	50		72	24	72	24		12	3			
26	46		70	22	70	22		11	2			
27	42		68	20	68	20		10	1			
28	38		66	18	66	18		9				
29	34		64	16	64	16		8				
30	30		62	15	62	15		7				
31	26		60	14	60	14		6				
32	22		58	13	58	13		5				
33	18		56	12	56	12		4				
34	14		54	11	54	11		3				
35	12		52	10	52	10		2				
36	10		50	9	50	9		1				
37	8		49	8	49	8						
38	6		48	7	48	7						
39	4		47	6	47	6						
40	2		46	5	46	5						
41			45	4	45	4						
42			44	3	44	3						
43			43	2	43	2						
44			42	1	42	1						
45			41		41							
46			40		40							
47			39		39							
48			38		38							
49			37		37							
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75			11		11							
76			10		10							
77			9		9							
78			8		8							
79			7		7							
80			6		6							
81			5		5							
82			4		4							
83			3		3							
84			2		2							
85			1		1							





### 1.4.3 TEAM CLASSIFICATION

A team must consist of at least 3 participants. The best 3 riders per team will be listed with the number of points they receive per race. The team with the highest number of points wins the team classification of the race.

Point Scale Swiss Enduro Team Scoring:

Points will be awarded equally (200-1) up to rank 200 in each category.

Rank points will be added from the top 3 participants per team.

	Team Points
Position	Each Category
1	200
2	199
3	198
4	197
5	196
6	195
7	194
8	193
9	192
10	191
11	190
12	189
13	188
14	187
15	186
16	185
17	184
18	183
19	182
20	181
.	.
.	.
.	.
.	.

Example:

**Rider 1**, Rank 3, Category Open Woman = 198p  
**Rider 2**, Rank 19, Category Open Men = 182p  
**Rider 3**, Rank 7, Category U15 Mixed = 194p  
~~Rider 4~~, Rank 20, Category Elite Men = 181p  
**Team Points = 574p**

### 1.4.4 PODIUM

Podium presentations will be made for the top 3 riders in each category. All riders must appear for the podium ceremony as scheduled - failure to appear on time may result in forfeiture of any relevant titles or prize money. Inappropriately dressed event personnel (e.g., podium ladies) are prohibited at all Swiss Enduro Series award ceremonies. All prize money paid at Swiss Enduro Series events must be equal between the male and female categories.

### 1.4.5 PRIZE MONEY

Elite Men:

1. CHF 500
2. CHF 300
3. CHF 200

Elite Women

1. CHF 500
2. CHF 300
3. CHF 200



## 1.5 ANTI DOPING

All riders participating in the event must comply with all anti-doping rules and procedures when requested to do so. Failure to do so will result in disqualification from the event and any other penalties deemed appropriate by the Swiss Enduro Series.

The Swiss Enduro Series respects and supports any national cycling federation/anti-doping agency in conducting anti-doping controls at Swiss Enduro Series events.

The Swiss Enduro Series will respect any sanction imposed on a rider by an Anti-Doping Agency. Any rider serving a suspension imposed by an Anti-Doping Agency will not be allowed to participate in any Swiss Enduro Series event for the duration of the suspension. This includes all subsequent sanctions.

The Swiss Enduro Series Management Board reserves the right to apply a zero-tolerance approach to the use of drugs at any Swiss Enduro Series event.

The Swiss Enduro Series will follow all Cycling Anti-Doping Agency (CADF) rules, protocols, and procedures.

It is the responsibility of all riders, teams, and coaches to read and follow all CADF guidance and documents provided by the CADF; [www.cadf.ch](http://www.cadf.ch).

For the full UCI Anti-Doping Rules, see UCI Rules Chapter XIV.

For all information on CADF, protocols and prohibited substances, visit [www.cadf.ch](http://www.cadf.ch)

## 1.6 COMMISSAIRES

At all Swiss Enduro Series events, the appointed Swiss Cycling Chief Commissaire has the power to decide on rule violations and penalties. If no Commissaire has been appointed, the race director is responsible for the application of the rules.

## 1.7 RULE VIOLATIONS

### 1.7.1 RULE VIOLATION RECORDING

All rule breaches, including the recording of witnesses, must be reported to the Commissaire or Race Director. The Race Director must use the Rule Break Report form available at [www.swissenduro.ch](http://www.swissenduro.ch). Rule Break Reports can be submitted by the following: Competitors / Marshals / Commissioners / Race Control / Team Managers / Registered Coaches.

No rule break will be discussed with a rider unless a full Rule Break Report Form has been submitted.

The Race Director may appoint special 'Flying Marshals' who, at their discretion, will drive the course at unannounced points. These 'Flying Marshals' may report rule violations to the Commissaire or Race Director. There will be no appeal process for rules decisions after the ranking ceremony has been held.

### 1.7.2 PENALTIES

The Commissaire and Race Director are entitled to impose additional penalties (including verbal warnings, fines, sending off, time or point deductions and/or disqualification) not listed in the regulations in the event a rider does not respect other riders, the spirit of the sport, the environment, or the organisation.



### 1.7.3 YELLOW / RED CARD

The Swiss Enduro Series has the right to issue yellow cards to a rider at any time during the season. Yellow cards may be issued following clear and substantiated evidence of a serious breach of the rules after an event or in exceptional circumstances during an event. Two yellow cards issued to a rider within one-year results in a red card. A rider who receives a red card will have up to 200 ranking points deducted from the overall season. Yellow or red cards may be issued up to 1 month after the date of the rule infraction.

A list of red and yellow cards issued during a season will be made available on [www.swissenduro.ch](http://www.swissenduro.ch).

## 1.8 CONDUCT

### 1.8.1 ETHICAL RULES

The Swiss Enduro Series aims to provide a series that raises the level of athleticism, sportsmanship and sporting endeavour whilst promoting the right ethos for all. Riders found to have breached the standards of the Swiss Enduro Series may be disqualified or banned.

Therefore, if at any time, in the opinion of the Swiss Enduro Series, a rider falls into public disrepute or becomes the subject of a scandal that affects the image, reputation or good name of the Swiss Enduro Series, then the Swiss Enduro Series may, upon written notice to the rider, immediately suspend or terminate the rider's participation in any or all Swiss Enduro Series races.

We ask all riders to:

- Respect the trails
- Respect each other
- Respect the environment
- Respect the local community
- Respect the organisers, staff, and volunteers.
- Respect the rules and fair sport

### 1.8.2 ENVIRONMENTAL RULES

Enduro mountain bike racing allows us to ride in remote, natural areas. It is of utmost importance that all racers respect the environment and the impact they leave behind for the local community. The following rules have been established to protect our trails and environment.

The Swiss Enduro Series and its local organisers reserve the right to penalise any rider whose actions seriously damage the local environment.

No disposable protective foils for goggles may be used.

Riders are not allowed to throw anything away. (e.g., food wrappers, used inner tubes, broken equipment, etc.) outside of a publicly accessible waste bin. Any rider who harms the environment will be penalised. Riders must always try to not leave anything on the race course.



Riders must not store food, drinks, or clothing/equipment on the track (food/gear stashes). Packaging left behind and uncontrolled food stashes can have a serious impact on local wildlife and the local environment. Any rider who hides or retrieves supplies from unofficial food/gear stations will be penalised.

Any rider who damages the track or alters a stage without the permission of the organiser will be penalised including possible disqualification.

### 1.8.3 LOSS OF SIACS

In the event a rider loses a SIACS (transponder), this will be charged to the participant.

## 2 COURSE

### 2.1 STRUCTURE

The Enduro discipline is about making the best possible use of the trails and terrain available to the organiser. The riding experience and fun should be the focus of the course design. It is expected that some climbs will be included in the Special Stages to achieve the best experience on the best possible trails.

#### 2.1.1 TRANSFERS

The composition of each connecting stage (transfer) is at the discretion of the organiser: mechanical uphill (chairlift, shuttlebus, etc.), a rider's own physical effort or a combination of both is allowed. As a guideline, at least one transfer per event must be completed by a rider's own physical effort (no mechanical support).

#### 2.1.2 SPECIAL STAGES

All Special Stages (abbreviated to SP in the results/communication) must be predominantly downhill and focus on challenging the rider's technical skills.

The overall classification of a course is calculated by adding up all the times of the Special Stages. The start and finish of each Special Stage will be clearly marked on the map provided by the organiser. There is no minimum or maximum time for a Special Stage. As a guideline for course planning, Special Stages should have a maximum of 10% uphill. Larger wooden elements (e.g., wallrides or large bridges) located in compression or braking zones should be adequately covered with a non-slip surface material. All Special Stages must be marked prior to official practice and closed to the public during official practice and race. An easier and slower B-Line must be provided at each major jump or drop.

## 2.2 COURSE MARKING

### 2.2.1 TAPE

If there are two pieces of tape on either side of the trail, the rider must ride between them. In these areas, crossing or bypassing the tape is considered a shortcut.



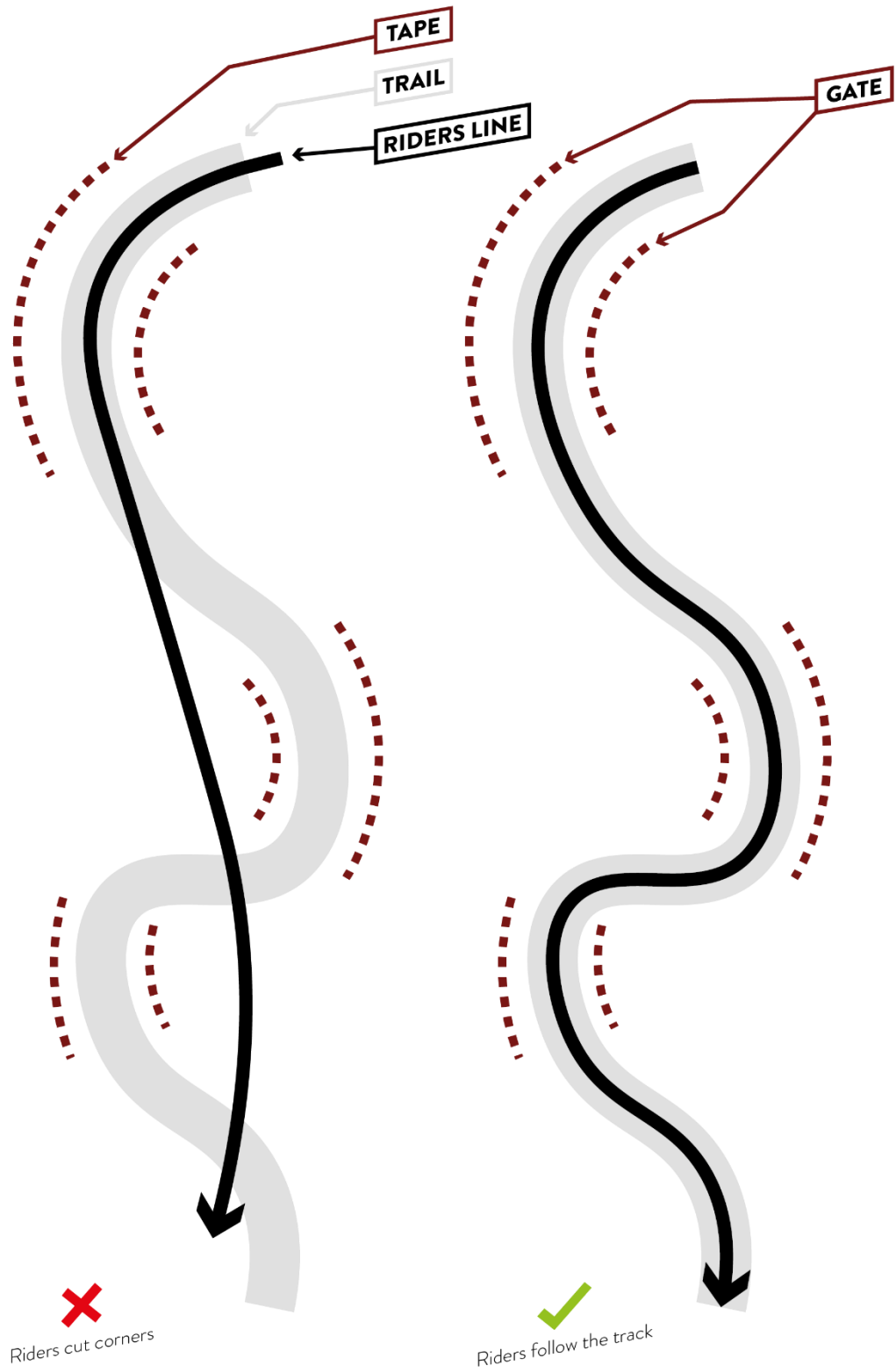
*Figure 1 Tape on both sides close to the ground protected from wind*

### 2.2.2 MARKING

In open mountainous areas, if an organiser uses a single travel marker (single piece of tape, pole, or signage), participants can ride around either side of it.

### 2.2.3 GATE

Gates can be used to clearly mark sections of the race course that riders must pass through. If a gate is bypassed, it will be counted as a shortcut. Gates can be made of tape, flags, or other obvious signage.





## 2.3 COURSE CUTTING

Taking shortcuts on the course to gain an advantage can damage the environment and brings the sport and the spirit of mountain bike racing into disrepute. Therefore, any rider who tries to save time by choosing a line that is outside the established route will be disqualified. **The established route is always on the obvious trail if there are no or insufficient markings.** In exceptional cases, the Race Direction may decide that a rider who has shortened the trail without intention will be given a time penalty instead of a disqualification.

## 2.4 MEANS OF TRANSPORT

Means of transport are all means used to transport persons and/or equipment (lifts, vehicles, etc). No private/team transport may be used at any time during training and racing.

### 2.4.1 ELITE AND U21 CATEGORIES

The Elite and U21 categories may only use the means of transport specified by the SES during training and racing. Use of non-specified means of transport may result in penalties or disqualification.

### 2.4.2 OPEN / MASTERS / HARDTAIL / U17 / U15 CATEGORIES

The Open categories may use public transport during the training. During the race, only the means of transport specified by the SES are allowed.

Violation of the rules may lead to disqualification.

## 2.5 OUTSIDE ASSISTANCE

It is permitted to stop during the race to get water and food from neutral shops/cafés and public water points.

Personal responsibility and self-sufficiency are a big part of the spirit of enduro racing and riders are encouraged to carry appropriate equipment in alpine terrain. Each rider should remember that they are solely responsible for themselves but are encouraged to help other riders on the course. Riders must be prepared to carry sufficient water to last at least 2 hours between water stops. Although water is available more frequently at many events, riders should not assume and must therefore be prepared to keep themselves hydrated for at least 2 hours. Food or equipment stashes are not allowed.

### 2.5.1 ELITE AND U21 CATEGORIES

Outside assistance for food may only be provided at the Feed Zone and Tech. Zone. Participants are allowed to help each other.

### 2.5.2 OPEN / MASTERS / HARDTAIL / U17 / U15 CATEGORIES

Outside assistance may be provided throughout the course and at any time.

## 3 SAFETY

### 3.1 FIRST AID + EVACUATION

The organiser must inform each participant who to contact and how in the event of an accident on the course (e.g., telephone number / app).

During the official training and race, the organiser must provide at least one medical base station that is open during the entire training time / race time, as well as basic medical care on the course and medical contact persons for the riders.

For remote races involving difficult to access stages in alpine areas, the Race Director may require all riders to carry a whistle to draw attention to themselves in the event of an emergency. It is the rider's responsibility to bring their own whistle.

It is strongly recommended that event organisers implement a safety buddy system. A buddy is a person who is always aware of a racer's whereabouts during official practice. At least one buddy should report to event headquarters at the end of each day's practice to report that both parties have safely left the course. A buddy may be a racer or team member who rides with the racer on all stages during practice.

Participants under 13 years of age must ride accompanied by an adult (training + race). An accompanying adult may oversee more than one rider.

If a rider encounters a fallen rider, the rider is obliged to assist and raise the alarm. The alarm can be raised via a marshal. The race time of a rider who is delayed by the voluntary assistance of another rider will be determined by the Race Commissioner or Race Director.

Race officials and/or medical personnel reserve the right to prevent a rider from continuing if they feel it is too dangerous for the rider to continue.

Race Direction may also eject a rider from the course for disruptive or reckless behaviour or behaviour that endangers themselves or others.

The Race Direction reserves the right to stop the event in case of emergency, adverse weather conditions or unforeseen circumstances.

### 3.2 SAFETY EQUIPMENT REQUIREMENTS

- Riders must wear the following commercially available protective clothing during training and the race:
  - - Integral crash helmet
  - - Back, knee protection (backpacks with back protector)
  - - Full-finger gloves
  - - Mobile phone

All riders must wear a helmet during the race, both during transfers and on the stages. The responsibility for the correct fit, condition and suitability of the rider's helmet rests solely with the rider.



A two-piece helmet (with removable chin section) will be accepted as a full-face helmet. However, due to national insurance and association regulations, any helmet used in a race must meet the standards of the national regulations.

The organiser may set specific minimum requirements for protective material. All protective regulations established by the organiser must be followed by all racers. No exceptions are permitted.

For safety reasons, the organiser of a race may require that ALL racers wear a waterproof and windproof jacket and / or a whistle. In this case, no participant may leave the Roll Out without the prescribed equipment. Details of the mandatory equipment will be announced in the Riders Briefing before the race. All racers must arrive at the race prepared for this eventuality.

It is recommended that all racers carry the following:

- Waterproof jacket
- Emergency blanket
- Multi - tool / breakdown kit
- Simple, well-maintained first aid kit
- Food and fluids
- Eye protection (goggles or glasses)
- Emergency contacts provided by the organiser

### 3.3 ON BOARD CAMERAS

Action cameras may be attached during the race and practice as follows:

- Helmet: fixed to the visor or with break-off system allowed.

Chest mounted cameras are not allowed under any circumstances. Devices for attachment to the mountain bike are also not allowed.

## 4 E-BIKE

### 4.1 BASIC RULES

For SES E-Bike races the following rules apply in addition to points 1 to 3.

### 4.2 CATEGORIES

All categories refer to age on 31<sup>st</sup> December in the year of the competition.

There are the following categories:

- Open Women
- Open Men
- Open Masters Women 35+
- Open Masters Men 35+
- U21 Women
- U21 Men

### 4.3 BIKE

Only e-bikes that are available on the market are permitted. This means: no prototypes, custom designs, or modified bikes. Modifications (tuning) of any kind are prohibited. The SES reserves the right to check the e-bikes before or after the race.

#### 4.3.1 MOTOR

So long as no changes have been made to the software and / or hardware, there are no limitations for the engine.

#### 4.3.2 BATTERY

So long as no changes have been made to the software and/or hardware, there are no limitations for the battery.

### 4.4 COURSE

The course is very similar to the normal SES race course. However, additional uphill stages are planned for the e-bike categories. The total uphill part should not exceed 1'500m. This should make it possible to ride with one battery.

## 5 COMMUNICATION

### 5.1 RIDERS BRIEFING

The riders briefing will be communicated by e-mail before the race.

### 5.2 COURSE

The course will be published on [www.swissenduro.ch](http://www.swissenduro.ch) one week before the race.

### 5.3 REGISTRATION

Registration takes place exclusively online via the website [www.swissenduro.ch](http://www.swissenduro.ch) or the SES timekeeper.

### 5.4 RANK LIST

Ranking lists of the different categories will be published online after the ranking ceremony at the latest.

## 6 APPENDIX

### 6.1 AMENDMENTS 2022

- 0.0 Improved general formatting of the document
- 1.2.2 New Categories: Women Master 35+ / Men Master 35+ / Hardtail
- 1.2.4 Swiss Cycling DH- and XCO- Licences are accepted for participation in the Elite categories.
- 1.2.6 EWS ranking at qualifier events described in more detail.
- 1.4.2 Series Ranking Points: Elite categories adjusted / Master and Hardtail categories added
- 1.4.3 Team Ranking Points explained
- 4. E-Bike section added

### 6.2 AMENDMENTS 2023

- 1.2.6 Deregistration fees more precisely defined
- 1.3.1 Seeding Elite / U21 categories
- 1.3.2 Starting order and seeding Open categories more precisely defined
- 1.4.2 Point Scale adapted
- 2.3 Course cutting more precisely defined
- 2.4 Means of transport
- 2.5 Assistance from outside Differentiation Elite / U21 / Open
- 3.3 On Board cameras

### 6.3 AMENDMENTS 2024

- 1.3.4 Training e-bike use
- 1.4.2 Removal of scratch result